

# YOUTH UNITED





BRINGING YOU THE LATEST NEWS ON YOUTH
INVOLVEMENT AND ADVOCACY!

# WHY IS ADVOCACY SO IMPORTANT?

It starts with voice. Having conversations leads to organizing, which leads to action and positive change!

Advocacy = Progress



# Start a Youth MOVE Chapter!

Youth MOVE Michigan is expanding!
Are you a part of a youth group or
community organization looking to
make an impact? Join Youth MOVE
Michigan and learn how to become a
chapter under Youth MOVE National,
whose mission is to elevate the voices
of youth with lived experience. Contact
Bianca Miles at:

bmiles@dwihn.org

#### **Join Us For Our Events!!**

Youth MOVE Detroit Vision Board Party Thursday, February 15, 2024 5-7pm 90 Selden St. Detroit, MI 48201 (text 313-348-1169 To RSVP)



Tuesday, February 20, 2024, 5 -7pm @ 27th Letter Books 3546 Michigan Ave, Detroit MI 48216



Youth MOVE Detroit Bowling Meet n Greet
Friday, March 22, 2024, 6 - 8pm

@ Thunderbowl Lanes
4200 Allen Rd, Allen Park, 48101
(text BOWL to 313-348-1169 for RSVP)

Wayne County Children's Mental Health
Awareness Day
Saturday, May 11, 2024, 10am - 2pm

@ SAY Detroit Play Center
19320 Van Dyke St, Detroit, 48234



#### **EVENT RECAP: WINTER WONDER BASH**

THIS ATTENDEE WAS VERY EXCITED TO SHOW OFF HER GLITTERY CREATIONS, A STOCKING AND A HOLIDAY CARD FOR HER FAMILY. SHE WAS ESPECIALLY HAPPY TO KEEP THE FESTIVE HEADBAND SHE WORE AS A PARTY FAVOR, ENJOYED ALL OF HER FOOD AND PLAYING WITH OTHER YOUTH IN ATTENDANCE. THERE WAS FESTIVE MUSIC PLAYING AND PARTICIPANTS ENJOYING THE ACTIVITIES ALL AROUND. EVERYONE ENDED THE EVENING WITH A SURPRISE STAFF BIRTHDAY CAKE WHICH WAS SHARED AMONGST THE PARTYGOERS.

# YOUTH UNITED IS TURNING 21 AND THERE IS MORE TO BE DONE

◆ 142 ◆ 37 ♣ 27



@WCYouthUnited @Youth MOVE Detroit



@wcyouthunited1 @YouthMove\_Detroit



@wcyouthunited @DetroitMOVE



Hot Topics

Vaping and Smoking:

It is so easy to get a vape. Store owners will sell vapes to underage youth just for asking confidently. I don't think that it's smart for youth to start vaping so early because our brains are still developing, and it is bad for your whole body. They make inhalant alternatives [that you buy] that are just air but it tricks your brain into thinking you're smoking. Adults shouldn't shame or punish youth for vaping but connect with them and help them understand the harm.

> -Dawn Walker, 19 Youth Advocate

## **CONTACT US**

Email: wcyouthunited@dwihn.org

Phone: (313)989-9327

Website: dwihn.org/youthunited

## YOUTH MOVE DETROIT HAS A NEW LOGO

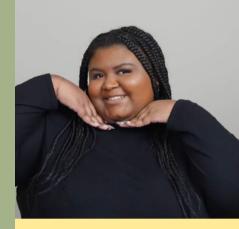


# IYKYK: TIPS

Everyone has bad days, but Youth United wants to give some simple yet helpful tips to make them feel better.

- 1.Create a playlist of your favorite songs.
- 2. Express your emotions.
- 3. Eat your favorite meal.
- 4. Take a walk outside.

### **Youth Spotlight** Feature



**Natalia Cuthrell** Age: 20 Youth Advocate

Natalia has been an advocate with Youth United via MiSide (NW Region) for 2 years. She loves taking part in community events because she loves to see families having fun and being happy. She is a full time student at **WCCC** maintaining a 3.43 GPA & plans to be a counselor for families in the future.



**GET CONNECTED WITH** YOUTH UNITED LIKE OUR CEO, MR. ERIC DOEH!